

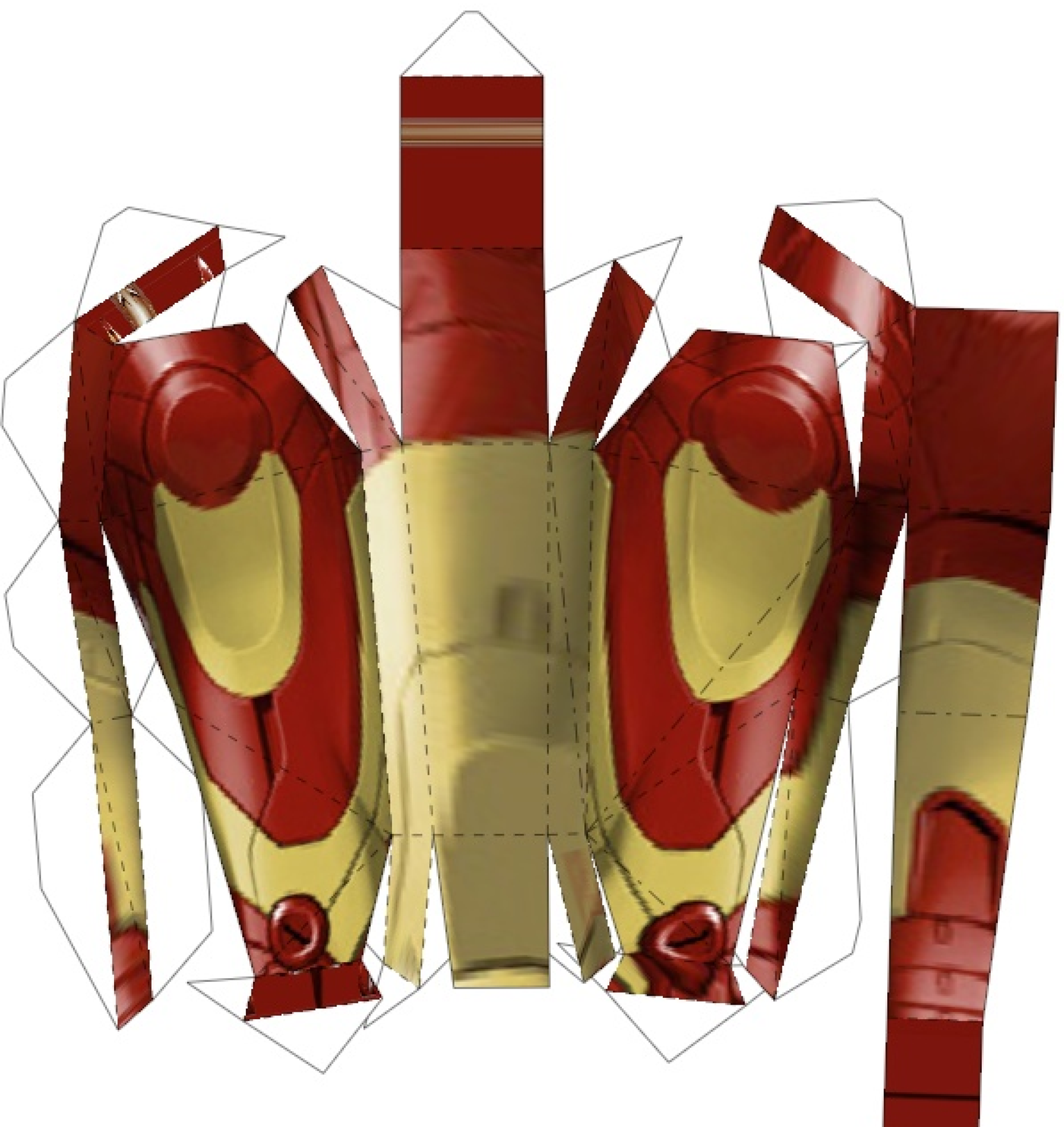

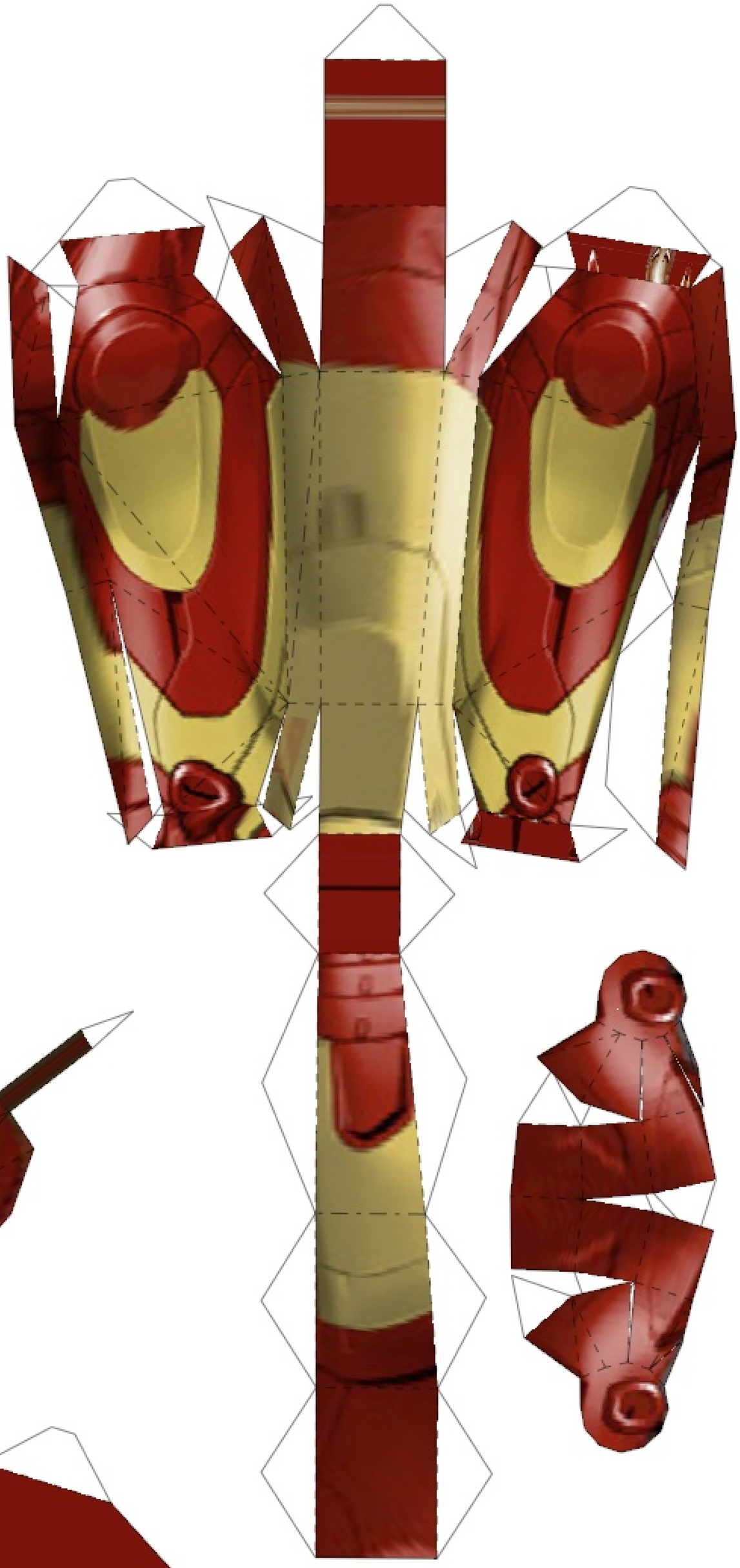



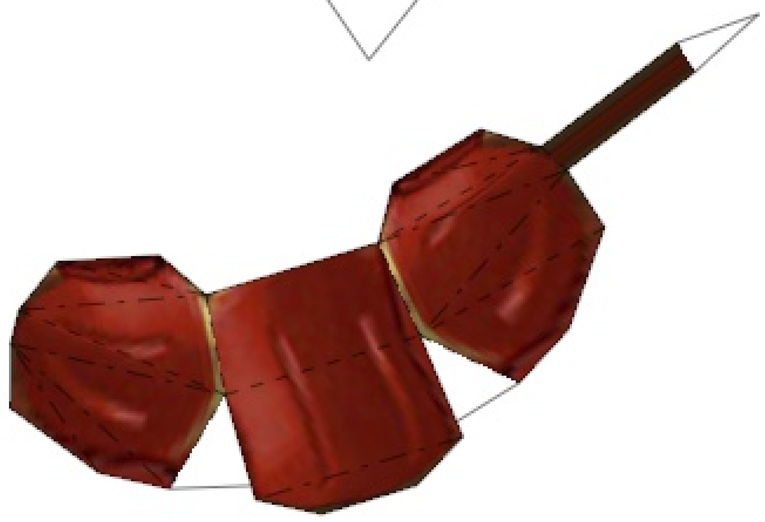

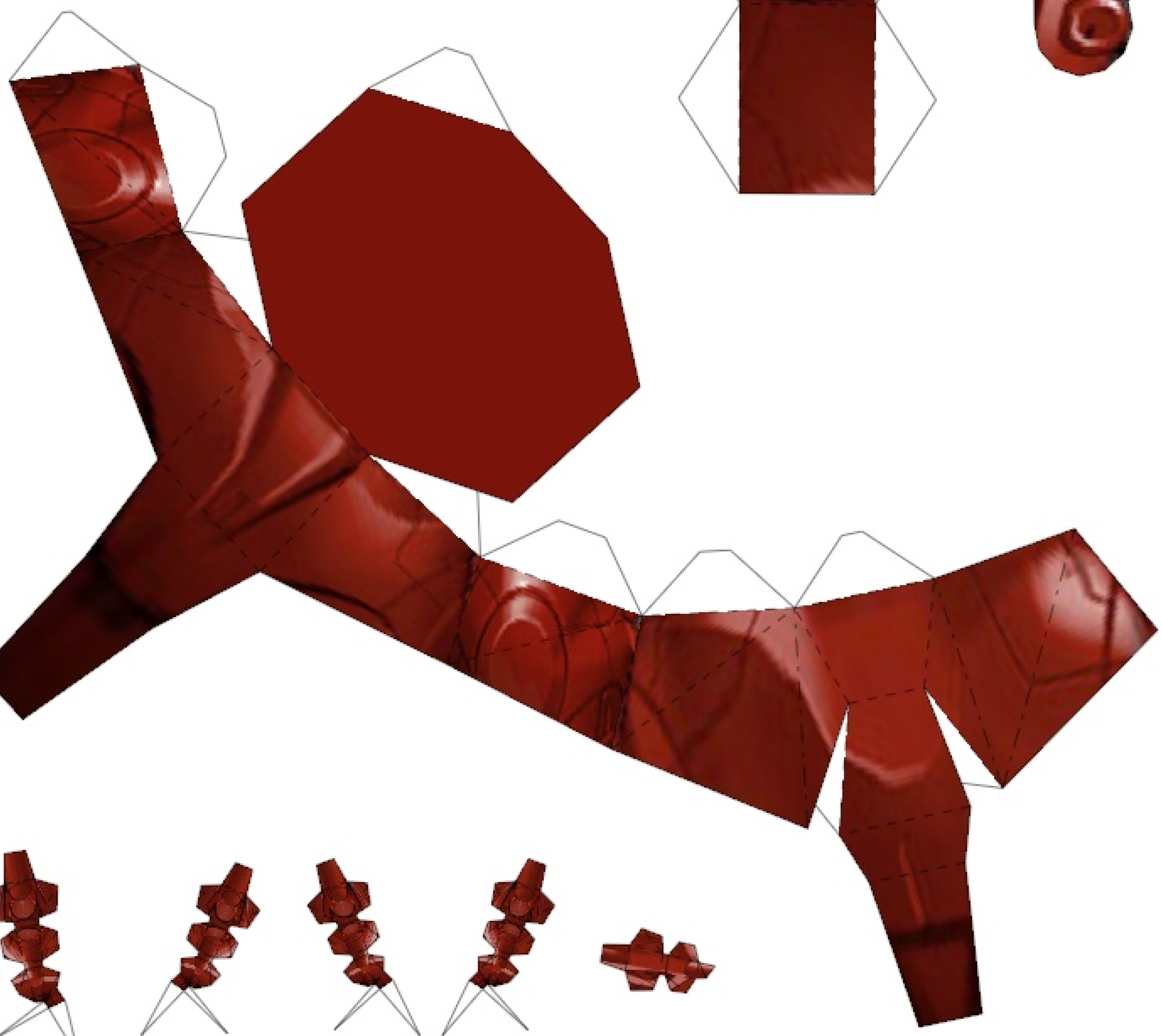


inside the hip

